

Nasogastric (NG)Pouch

About:

- These little NG Pouches are used for nasal gastric tubes in the Paediatric Intensive Care Unit (ICU). They are pinned onto the children's clothing to keep their tubes clean and safe.

Materials:

- Two layers of 100% cotton fabric (can be same or different patterns on both inside and outside, no wadding is used for this project).

Directions:

- Cut the below pattern (rectangle 20cm x 10 cm in size) from both fabrics.



- Sew both fabrics right sides together around the outside of the rectangle, leaving a small section of seam open to allow the fabrics to be turned outside. Once the fabrics have been turned out, sew closed the remaining small opening.
- Next create two button holes approx. 2cm in length and approx. 2cm apart in the centre of the length of the rectangle, spaced evenly to allow a safety pin to

be fastened through. On the ward, staff are then to clip the pouch to the back of clothing and keep the tube safely out of reach of little hands (see picture below). If you can't do button holes, get scrubbed does have clips that can be sewn on.



- Attach Velcro fastening or snap lock fastening to either end of the flap, one on the inside (one end of the rectangle length) and one on the outside (opposite end of the rectangle length) as shown below.
- Fold the pouch as shown and top stitch the right and left seam to create the 'pouch' or pocket' (as shown below).



Examples of finished items:

